



Felix After The Rain

Multi-sensory story resource



Felix After The Rain

Felix was a terribly unhappy boy.

He dragged an enormous suitcase around with him wherever he went.

Every time something hurtful or bothersome happened to Felix, the suitcase got heavier and heavier.

He wanted to escape across the ocean but the sea was so rough, and the winds were so wild.

Grandma used to say to Felix,

“the sun always shines after the rain, and after every uphill climb there’s a downhill stroll”.

After pushing the suitcase a long way, Felix fell asleep.

A small boy crept towards him and opened the suitcase.

Felix suddenly found himself in the middle of a storm



His eyes filled with tears that spilled over and poured like heavy rain.

When the storm stopped, Felix felt calmer and looked at the fluffy clouds in the sky.

He smelt the blossom on the trees.

He leapt towards the clear blue sea.

He felt like a fish in water.

He returned home with a heart full of happiness.

It lifted him off the ground like a balloon.

Felix was so happy he wanted to give everyone a hug and everyone gently hugged Felix.



This multi sensory story was adapted from Dunja Jogan's award winning book Felix After the Rain

pamis
promoting a more inclusive society



What you will need:



For Felix - We used a puppet but you can use a doll or make a sock puppet or cut out a sad face and glue some wool on for hair.

You can simply use your voice to convey the sadness Felix feels.



Felix's suitcase - We had a small suitcase lying around the house but you can use a box or a bag. If you have a box you could tie a piece of string or wool to it and let the person pull the box then add a stone to the box or bag to signify it getting heavier and heavier.



He wanted to run away to the sea - We used an ocean drum but you can find ideas from Fiona Sharp's music booklet to make your own.

Blow like the wind to make the sound of the wind.



The colourful puppet is the boy who opens the suitcase - We used this home made puppet but again if you have a doll you could use that's great. You might want to make a sock puppet or cut out a cardboard face and glue coloured wool on for hair. You can simply use your voice to convey a sense of mystery as the boy opens the suitcase

Other props you might need:



The ideas in the booklet are suggestions to get you started but remember you will know the person you are supporting best, so choose stimuli you know the person will engage with and have fun!!!