

THIS IS ME – Story Massage Adaptation

This is me – I am George



I'm made of lots of different ingredients...just like you



Those ingredients are what help us shine like stars



My glow makes me who I am and yours makes you who you are.



When I was little, I wobbled.
In races I was rather slow.



But my friends and family cheered me on



And now look at me go!



Each one of us is different, just like pebbles at the seaside



Together we make a bigger splash
and spread our glow far and wide



This is me. Yes, I am George. And I'm
proud to be me.



So you let your glow shine through
and be the best that YOU can be.



THE END

